

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>07.00-08.00</b>	<b>Breakfast</b> 07.30-08.15	<b>Breakfast</b> 07.30-08.15	<b>Breakfast</b> 07.30-08.15	<b>Breakfast</b> 07.30-08.15	<b>Breakfast</b> 07.30-08.15	<b>Breakfast</b> 07.30-08.15	<b>Breakfast</b> 07.30-08.15
<b>08.00-09.00</b>	<b>Theory</b> 8.30-12.00	<b>Sport</b> 8.30-12.00	<b>Sport</b> 8.30-12.00	<b>Theory</b> 8.30-12.00	<b>Sport</b> 8.30-12.00	<b>Free</b>	
<b>09.00-10.00</b>							
<b>10.00-11.00</b>							<b>Self-training</b>
<b>11.00-12.00</b>							
<b>12.00-13.00</b>	<b>Lunch</b> 12.00-12.30	<b>Lunch</b> 12.00-12.30	<b>Lunch</b> 12.00-12.30	<b>Lunch</b> 12.00-12.30	<b>Lunch</b> 12.00-12.30		
<b>13.00-14.00</b>	<b>Theory</b> 13.00-14.30	<b>Sport</b> 13.00-14.30	<b>Sport</b> 13.00-14.30	<b>Theory</b> 13.00-14.30	<b>Sport</b> 13.00-14.30		
<b>14.00-15.00</b>							
<b>15.00-16.00</b>							
<b>16.00-17.00</b>							
<b>17.00-18.00</b>	<b>Dinner</b> 17.30-18.00	<b>Dinner</b> 17.30-18.00	<b>Dinner</b> 17.00-17.30	<b>Dinner</b> 17.30-18.00	<b>Dinner</b> 17.30-18.00		
<b>18.00-19.00</b>			<b>Swimming</b> 18.00-20.00				
<b>19.00-20.00</b>	<b>Self-training</b>	<b>Group sport activities</b> 19.00-21.00		<b>Group sport activities</b> 19.00-21.00			
<b>20.00-21.00</b>							
<b>21.00-22.00</b>							
<b>22.00-23.00</b>							